

Consumer Family Advisory Council (CFAC) Minutes

Meeting

- The CFAC met on February 2, 2016 at 6:00 p.m. at the Green Oaks conference room in the Three Forest Plaza building at 12221 Merit Drive, Suite 400, Dallas, TX. Green Oaks Hospital provided dinner and the meeting was co-chaired by Mary Ann Niles and Jeanine Hayes.

Business

- *House Select Committee on Mental Health*
 - Janie Metzinger updated the CFAC regarding the committee members selected by Speaker Straus and provided a worksheet for each attendee to provide responses to the ten (10) items they have been tasked to review. She and Sherry Cusumano, representing MHA of Greater Dallas and NAMI Dallas (respectively), will attend the first hearing on February 18, 2016. Ms. Metzinger is compiling comments from the community regarding each of these items including those received from CFAC members. Items under review include:
 1. Review the behavioral health system.
 2. Review the substance abuse treatment system.
 3. Recommend ways to improve early identification of mental illness.
 4. Increase collaboration among entities that deliver care.
 5. How to measure outcomes.
 6. How to improve outcomes.
 7. Examine challenges of providing care in underserved areas of the state.
 8. Examine challenges of providing care in rural areas of the state.
 9. Identify the challenges of providing care to veterans.
 10. Identify the challenges of providing care to homeless Texans.
- *Kaufman County Project*
 - Dr. Jimmy Davis of the Kaufman County Sheriff's Department spoke in more detail regarding his desire to obtain funds necessary to staff 2 FTEs with LPC and/or LCDC licensure to be trained in CIT and become Certified Mental Health Detention Officers who will provide some wraparound services to inmates recently released who need assistance in getting connected to community based services including engagement at a NorthSTAR clinic. As a model expected to significantly reduce recidivism and increase recovery, it could easily be adopted by other rural counties if the right funding is identified. The CFAC is interested in advocating for and supporting this idea in any way possible to see the project move forward.

Announcements

- *The NAMI Dallas Meeting*
 - The general meeting held at 7pm on Thursday, February 4, 2016, will involve speakers from a local hockey team regarding mental health concerns among athletes.

- *Mental Health America of Greater Dallas*
 - The 40th Annual Adolescent Symposium will be held at 8:30 a.m. on Thursday, February 4, 2016.
- *PLAN of North Texas*
 - The 2016 Open Your Heart Gala will be held at The Eisemann Center on Sunday, February 21, 2016, and will feature the Iris Place Singers.
- *Dallas and Fort Worth Chapters of Texas Association of Addiction Professionals (TAAP)*
 - The DFW Behavioral Health Symposium will be held March 30 – April 2, 2016 at the Sheraton DFW Airport location.
- *Association of Persons Affected by Addiction (APAA)*
 - APAA invites all to participate in the Big Texas Rally on Sunday, October 2, 2016, which is the first day of Mental Health Awareness Week.

Next Meeting

- March 8, 2016 at 6:00 p.m.
 - Due to the Texas Primary Election on March 1, 2016, CFAC will delay the March meeting by one week.