

Consumer Family Advisory Council (CFAC) Minutes

Meeting

- The meeting was held on March 3, 2015 at 6:00pm at Green Oaks Hospital's conference room in the Three Forest Plaza building at 12221 Merit Drive, Suite 400, Dallas, TX. ValueOptions provided dinner.

Business

- Capital Day Report. Over 60 consumers, family members, and other stakeholders from the community attended the rally on February 19th. Participants were asked to follow up with thank-you letters to the legislators and/or staffers they visited. Everyone in the community was encouraged to make letter, phone, or email contact about important bills that affect behavioral health concerns.
- NorthSTAR System Redesign Update. NTBHA is moving forward as the commissioners courts' chosen LMHA for six of the existing counties – Dallas, Ellis, Hunt, Kaufman, Navarro, and Rockwall Counties. The preliminary plan has been submitted to the State for review and will be posted on the NTBHA website. Separately, Collin County will design a system of care that meets the needs of their growing community. Collin County residents may address questions or comments to their commissioners court which has appointed Dr. des Angles Crusier to spearhead their plan development.
- CFAC Educational Series. CFAC will periodically host subject matter experts to speak on topics of interest. Ideas discussed include:
 - From homelessness to recovery – a peer specialist at ABC who can share her personal success story and discuss the services ABC provides including their housing program.
Action: Shelley will make contact and identify her availability to speak at a future CFAC meeting.
 - A pharmacist to speak about psychotropic medications, side effects, interactions with other medications, how to communicate issues regarding meds with one's doctors, etc.
Action: Mary Ann will check with pharmacists at either Green Oaks or at UT Southwestern to identify someone who can speak at a future CFAC meeting.
 - Recovery Oriented System of CARE (ROSC) – a discussion to include the concept of person centered care and what recovery looks like.
 - Trauma Informed Care – What is it? How is it being used today? And how can it be better incorporated into treatment options given the limited funding?
 - Substance Use Disorders – What are they? How are they treated? What's the big deal about opiates and benzos?
 - Medicaid, Medicare, CHIP, ACA eligibility and enrollment processes. Janie highlighted much of this last month. Perhaps it should be revisited as legislative changes evolve.

Announcements

- Dr. des Angles Crusier will be the guest speaker at NAMI Collin County's general meeting on Thursday, March 12th at 7:30pm. She will discuss developing plans for the future Collin County behavioral healthcare system. NAMI meets at the Custer Road United Methodist Church located at 6601 Custer Road, Plano, TX 75023. For more information, please contact NAMI at (214)908-6264 or send email to info@namicco.org.