

Consumer Family Advisory Council (CFAC) Minutes

Meeting

- The CFAC met on October 6, 2015 at 6:00pm at Green Oaks' conference room in the Three Forest Plaza building at 12221 Merit Drive, Suite 400, Dallas, TX. ValueOptions provided dinner to fifteen (15) attendees. The meeting was chaired by Mary Ann Niles.

Business – Topic meeting: ROSC

- Guest speakers Carolyn Mitchell from Nexus and Cheryl Gayles from NTBHA presented information about the mission and services of Dallas ROSC (Recovery Oriented Systems of Care). ROSC is a coordinated network of community and peer led support services that provides education and fellowship promoting long term recovery from addiction and/or mental illness. The meeting is normally held the fourth Wednesday of the month from 9am to 11am and is open to everyone – consumers, family members, service agencies, and other community stakeholders.

NorthSTAR Transitional Plan

- Teresa Scherrer provided an update regarding the proposed plan submitted by NTBHA last month to the State. Even though it is a living document with many details yet to be developed, it has been approved in concept.

Announcements/Comments

- Sara Hickman will be performing live at Love and War in Texas (601 E. Plano Parkway, Plano, TX 75074) this Friday, October 9th from 8pm-10pm with a \$20 cover charge. Proceeds benefit NAMI Dallas.
- Glenda Berg from NAMI Kaufman and Sherry Cusumano from NAMI Dallas discussed the Family-to-Family, Peer-to-Peer, and NAMI Basics classes offered free of charge to consumers and family members in the community. Local NAMI chapters can be found at <http://namitexas.org/find-your-local-affiliate>.
- Glenda Berg mentioned the success of the NAMI Kaufman 3rd Annual Mental Health Expo with speaker Brian Cuban (brother of Mark Cuban) and his story of recovery.
- Janie Metzinger announced that MHA is hosting the 2015 Prism Awards on October 22nd at the Frontier of Flight Museum. More info is available at <http://www.mhadallas.org/programs-events-overview/prism>.
- COMI will meet at 8:30am on October 21st at Mental Health America at 624 N. Good Latimer Expy, Suite 200, Dallas, TX 75204. Dr. Jacqueline Stephens, PhD, LMFT, of the Meadows Mental Health Policy Institute will present on the topic of “Smart Justice.”
- A CFAC member provided information regarding the Dallas Area Narcotics Anonymous meetings. More info is available at www.DallasAreaNA.org.

Next Meeting.

- CFAC will meet on November 3rd at 6pm.