



Free for family members, partners and friends
of individuals diagnosed with

Major Depression
Bipolar Disorder (Manic Depression)
Schizophrenia and Schizoaffective Disorder
Borderline Personality Disorder
Panic Disorder and Obsessive Compulsive Disorder
Co-occurring Brain Disorders and Addictive Disorders

A series of 12 weekly classes structured to help caregivers understand and support individuals with serious mental illness while maintaining their own well being. The course is taught by a team of trained NAMI family member volunteers who know what it's like to have a loved one struggling with one of these brain disorders. There is no cost to participate in the NAMI Family-to-Family Education Program. Over 200,000 people in the U.S., Canada and Mexico have completed this course. We think you will be pleased how much assistance the program offers. We invite you to call for more information.

NOW ENROLLING FOR SPRING 2012

North Dallas
Beginning 3-3-2012
Saturdays 9:30 a.m.– 12:00 pm

Argosy University
5001 LBJ Freeway
Dallas, TX 75244
(near the Galleria)

There is no cost for this course - curriculum and workbook are included

Registration is required

Contact NAMI Dallas to register
214-341-7133
mrodgers@namidallas.org